

refraction

WAVE LOG

<p>PLACE</p> <p>SPOT: PEAK:</p>	<p>TIME / HOURS</p> <p>TIME: HOURS SURFED:</p>	<p>DATE</p> <p>/ /</p>
<p>TIDE</p>	<p>SWELL / BOUYS</p> <p>Dir Ht Per</p> <p>BOUY: BOUY:</p>	<p>WIND</p> <p>DIR SPEED</p> <p>EST: ACT:</p>
<p>CURRENT</p> <p>0 ----- 10</p>	<p>WAVE SIZE</p> <p>AVERAGE: SETS:</p>	<p>WAVE SHAPE</p> <p>CRUMBLING CLOSING PEELING BARRELS PEAKY VARIABLE</p>
<p>CROWD</p> <p>0 ----- 100</p>	<p>SESSION</p> <p>SOLO SURFED WITH:</p>	<p>BOARD</p> <p>USED: NEEDED:</p>

<p>NOTES / COMMENTS</p>

<p>RATING OF THE DAY</p>		
<p>1 - TERRIBLE</p>	<p>4 - OKAY</p>	<p>7 - SUPER FUN</p>
<p>2 - POOR</p>	<p>5 - SOME GOOD ONES</p>	<p>8 - PRIMO</p>
<p>3 - HARDLY WORTH IT</p>	<p>6 - FUN</p>	<p>9 - EPIC</p>